

Colorectal cancer screening Caribbean Netherlands

Instructions for using the stool test

Important! Before you get started:

The stool test is only for personal use

There is a bar code on the stool test. This bar code is linked to your personal information. That is how we know the test is yours. The test cannot be used by anyone else.

Keep the test cool

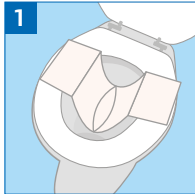
The test should be stored in the refrigerator at 2 to 8 °C (about 35-43 °F).



Hand in the stool test within 2 days

It is important to hand in the test at the same lab where you picked it up within 2 days after using the test.

How to use the stool test?



Take the test kit to the toilet. The test kit comes with a FecesCatcher. This is a strip of paper that you can use to collect the stool sample. Follow these steps:

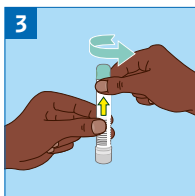
- Open the FecesCatcher by carefully pulling the paper in the direction of the arrows.
- Put the FecesCatcher on the toilet seat, as shown in the drawing.
- Do not let the paper touch the water.



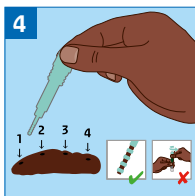
Or watch the instruction video at www.fecesvanger.nl/en_GB.



Use the toilet and collect your stool sample with the FecesCatcher. Caution: make sure no water or urine is mixed with your stool (poop).

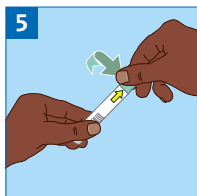


Unscrew the green cap of the stool test. The cap has a swab with a textured tip. Hold the test tube upright. There is liquid in the tube. The liquid needs to stay in the tube.



Insert the textured tip into your stool at 4 different places (see illustration).

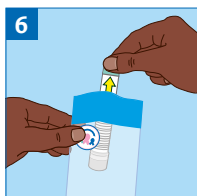
There only needs to be a tiny bit of stool on the textured tip. If there is too much, the stool sample cannot be tested.



Put the swab back into the test tube and tighten the green cap right away.

Caution: do not remove the swab after that.

Once the swab is back in the tube, it will dip into the liquid. The liquid may become a bit murky. That is normal.



First put the stool test into the white bag.

Then put the test back into the ziploc bag.

You only need to put the stool test into the bag. The bar code is linked to your data.



To remove the FecesCatcher, follow these steps:

- After using the stool test, unstick both ends of the FecesCatcher, pinching the ends together.
- Drop it into the toilet and wait a moment for the paper to soften, so it can be flushed easily.



Hand in the ziploc bag containing the stool test at the same lab where you picked up the test.

What can I do if I need help?

We are happy to help you, please contact us via:



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Prevention Clinic**

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Information in other languages

Deze informatie is ook beschikbaar in het Nederlands (Bonaire):

Bo por lesa e informashon aki na papiamentu (Boneiru):

Esta informacion esta disponible en Español (Bonaire, Sint Eustatius & Saba):



www.screening-cn.com

These instructions were made in collaboration with:



National Institute for Public Health
and the Environment
Ministry of Health, Welfare and Sport



ST. EUSTATIUS
HEALTH CARE FOUNDATION



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Caring together for Saba!